



Heal, Smile & Thrive in the Dominican Republic

Your Global Health & Wellness Destination

Welcome
to the Dominican Republic



The Dominican Republic is more than a tropical paradise.

It is a trusted destination where world-class healthcare meets Caribbean hospitality.

With internationally accredited hospitals, English-speaking physicians trained abroad, and a unique environment for recovery, patients enjoy quality care at 40–60% lower costs compared to North America or Europe.

The country also stands out for its excellent air connectivity (suggest: convenient flight options to major hubs) – multiple daily flights from major cities in North America, South America, Europe, and the Caribbean – Its consistent tropical climate throughout the year is conducive to recovery, and its stable and secure environment in major tourist regions further enhances its appeal.



The Dominican Health Tourism Association (ADTS) is a leading nonprofit organization promoting medical and wellness travel in the Dominican Republic. We work in partnerships with hospitals, clinics, wellness resorts, insurers, tour operators, and government agencies to deliver safe, dependable, and high-quality experiences.



Mission – Vision – Values



To connect patients and partners with high-quality healthcare and wellness services in the Dominican Republic.



To position the Dominican Republic as a global leader in health and wellness tourism.



- Integrity
- Transparency
- Service
- Accessibility
- Communication
- Safety & Quality

Dr. Alejandro Cambiaso, President, Dominican Health Tourism Association

Our commitment at the Dominican Health Tourism Association (ADTS) is to strengthen the Dominican Republic's position as a hub where healthcare and hospitality meet seamlessly.

We are proud to work hand in hand with the Ministry of Tourism, the Ministry of Public Health, and Asonahores (the Dominican Republic's Hotel and Tourism Association), to continue building a robust ecosystem that integrates medical services with the country's world-class tourism infrastructure. This synergy is essential to positioning the Dominican Republic as a trusted destination for patients, insurers, and tour operators worldwide.

This collaborative approach positions the Dominican Republic as a leader in the region, capable of offering comprehensive experiences that combine medical excellence, professional ethics, and the warmth of our people.



The Patient's Journey: From First Contact to Full Recovery

A hand holding a magnifying glass over a shield with a plus sign, symbolizing medical care and discovery. The background is a blurred image of a smiling person in a white coat, likely a healthcare professional. The overall theme is healthcare and patient care.

DISCOVERY & TRUST

You can learn about the Dominican Republic's healthcare excellence through international accreditations, client testimonials, and ADTS member institutions that meet strict quality standards. Many of our physicians are fluent in English, trained abroad, and our leading hospitals maintain globally recognized certifications.

The hospital institutions that are members of ADTS also offer an International Unit available to patients, together with a dedicated travel counseling service designed exclusively to meet all the needs of those who require health restoration while abroad. Partnerships with global insurance networks and physician referrals add an extra layer of credibility and reassurance.

PLANNING & TRAVEL

Short flights from the U.S., Canada, Europe, and Caribbean islands make us very accessible. For many nationalities, visa processes are straightforward or waived, facilitating fast travel planning. Once you have selected the right clinic, they will help you with travel arrangement, accommodations, and optional wellness or recovery stays in resorts or retreat settings.



TREATMENT & CARE

Clinics and hospitals feature modern technology. You receive care in specialties like dentistry, plastic surgery, orthopedics, ophthalmology, fertility & more. Experienced and credentialed professionals oversee everything. Safety, hygiene, and patient-centered service are top priorities.

RECOVERY & WELLNESS

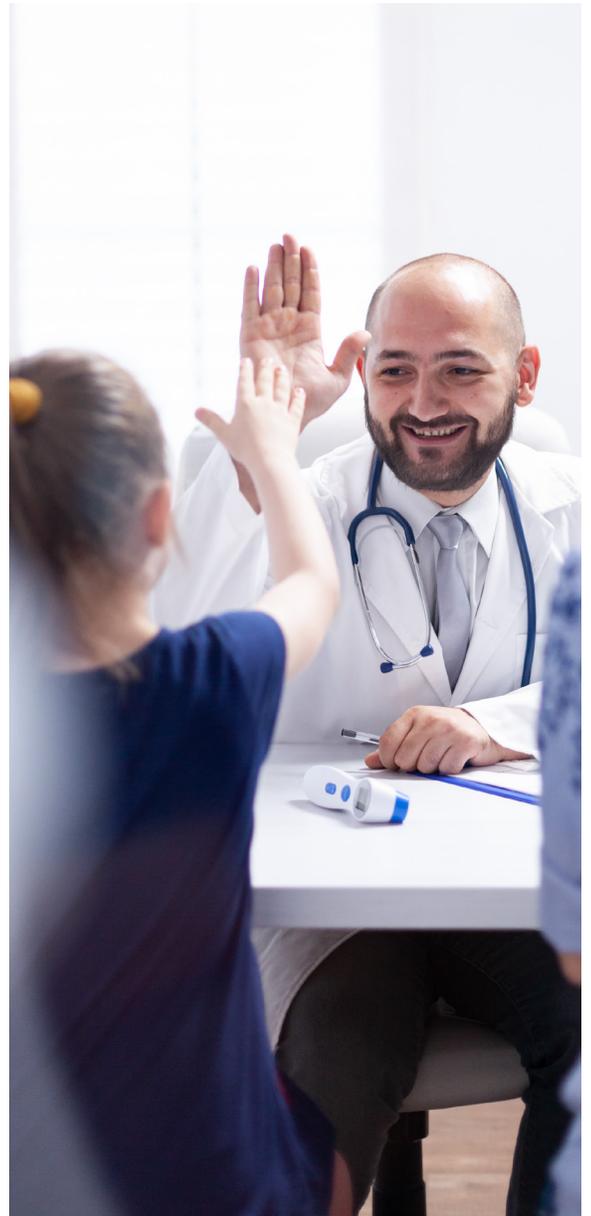
Following treatment, take time to recuperate in tranquil locations like beaches, gardens, or wellness retreats, where you can enjoy a blend of therapy, relaxation, and natural beauty. The Dominican Republic's **warm climate and high safety standards in tourist** areas make it an excellent recovery destination.

ADTS is a member of the Asonahores.

You can visit their website at asonahores.com to look for information on hotels and wellness resorts to design recovery packages.

SUPPORT & FOLLOW-UP

Member institutions of ADTS offer ongoing remote assistance when necessary. Services include insurance facilitation, telemedicine, privacy-protected communication, and continued support, all of which contribute to ensuring peace of mind after returning home.



WHY CHOOSE US:

CREDIBILITY, VALUE & ADVANTAGE

FEATURE	BENEFIT FOR YOU
Internationally / Accredited Facilities	Care that meets global safety and quality standards, providing reassurance for patients, physicians, and insurers.
Experienced & Multilingual Professionals	English-speaking, internationally trained physicians and staff for smooth communication and confidence.
Connectivity & Accessibility	Multiple direct daily flights from major cities in North America, South America, Europe, and the Caribbean make travel simple and convenient.
Safe & Stable Environment	Government-backed health-tourism regulations and high security standards in tourist areas ensure peace of mind.
Year-Round Tropical Climate	Warm weather and natural surroundings create an ideal atmosphere for healing and wellness.
Cost Savings	Quality care at a fraction of the cost compared to many U.S. or European providers—often 40–60% lower.
Hospitality & Recovery Settings	Post-care recovery in resorts, spas, or wellness centers enhances physical, emotional, and mental healing.
Strong Economic Contribution & Job Creation	Tourism contributed about USD 20.5 billion to national GDP in 2024 (~16.1% of GDP), generating over 876,000 jobs.



KEY DATA & TRENDS (2024–2025)



Total Visitors: 11,192,047 total visitors (air + cruise) in 2024.



Growth: +9% in 2024 over 2023; +48% compared with the pre-pandemic year 2019.



Visitor Origins: The United States accounts for roughly 39–40% of visitors, Canada about 14–15%, followed by South America, Puerto Rico and other source markets.



Accommodation: Average stay of around 7.3 nights for non-resident foreign tourists. National hotel occupancy averaged about 76% in 2024.



Tourism's Economic Weight: Approximately USD 20.5 billion contribution to GDP and over 876,000 jobs (direct and indirect) in 2024.



Health Tourism Sector: In 2024, more than 300,000 health, dental, and wellness visitors generated approx. USD 1.3 billion in economic impact, reflecting sustained trust and demand.



Direct International Routes: Over 144 direct international routes connecting Santo Domingo, Punta Cana, and Santiago airports, enhancing accessibility for patients and partners.



WHO'S BEHIND THIS: ADTS LEADERSHIP & PARTNERS

ADTS is backed by a distinguished Board of Directors & Advisory Council comprising top professionals from both health and tourism sectors and many others from clinics, wellness, insurance, and tourism. These are our guarantees: competence, regulatory compliance, and shared commitment to patient welfare.

ADTS also collaborates with international accreditation agencies and global insurance networks, ensuring alignment with the highest international standards.

WHAT YOU CAN EXPECT: SPECIALTIES & SERVICES

Some of the specialties that attract international patients to the Dominican Republic:

DENTAL & ORAL HEALTH:

- Cosmetic dentistry
- Restorative dentistry

SURGICAL & MEDICAL CARE:

- Plastic & reconstructive surgery
- Orthopedics & joint replacement
- Ophthalmology & eye care
- Fertility treatments & reproductive medicine
- Cardiology and diagnostic imaging

WELLNESS & PREVENTIVE CARE:

- Preventive wellness
- Medical check-ups
- Anti-aging programs

Many members of the Dominican Association of Health Tourism (ADTS) maintain international accreditations such as Joint Commission International (JCI), the Accreditation Commission for Health Care (ACHC), and Accreditation Canada, ensuring quality of care, safety, and ethical standards. Staff in leading facilities are multilingual (English, Spanish, and in some cases French) to ensure comfort for a diverse range of patients.

WELLNESS AND RETIREMENT TOURISM

A tropical beach scene with palm trees and turquoise water under a blue sky. The image is split into two main sections. The top section shows a close-up of palm trees against a clear blue sky. The bottom section shows a wide view of a sandy beach meeting turquoise water under a blue sky with some clouds. Long shadows of palm trees are cast across the sand in the foreground.

The Dominican Republic is not only a hub for medical care but also a growing destination for wellness and retirement tourism. Wellness services include yoga, meditation, hydrotherapy, spa therapies, organic gastronomy, and eco-retreats. Retirement living is increasingly attractive thanks to tax incentives, high-quality healthcare, and a vibrant Caribbean lifestyle. ASONAHORES and the hospitality sector collaborate to design wellness and recovery packages that meet international expectations.



STEPS TO BEGIN



Explore the ADTS member list (scan QR code or visit our website) to find certified clinics and wellness providers.



Contact the chosen provider for a consultation & cost estimate.



Plan your trip, lodging & recovery stay. The selected provider can help manage travel arrangements and offers complete healing services.



Arrive, receive treatment, heal in serene settings, and follow up from home.



Rest assured: ADTS members follow strict privacy and confidentiality standards to protect your information.

LET'S CONNECT

ADTS provides information and guidance about its certified members but does not directly arrange travel or medical planning. You can explore our network of accredited providers and contact them directly for treatment plans, estimates, and travel arrangements.

For more information:

Visit: adtusalud.org to learn more about ADTS and access its member directory.

Scan the QR code below to go directly to our list of certified providers.

Use the contact details provided on our site or via the QR code to reach members directly for consultations, estimates, and service inquiries.



For more, explore the Dominican Republic Health & Wellness Tourism Destination Guide:

[CLICK HERE](#)

Discover the Dominican Republic
– where healing meets paradise,
and your health and well-being
are our highest priority



ASOCIACION DOMINICANA
DE **TURISMO**
DE LA **SALUD**

